

The 2016 Ribbon of Hope grant will be used to expand the Compeer Program to Compeer for Seniors. This program will work to combat and prevent the debilitating effects of isolation that many seniors experience. The Compeer for Seniors will work to provide friendship, shared activities and companionship. Mental Health America of the Triangle is working to reduce the debilitating effects of isolation, depression, early stage dementia and anxiety through one-on-one friendships within Durham and Orange Counties' aging population.