

# Arthritis Patient Services

The Community Arthritis Project (CAP) provides on-location delivery of a comprehensive, evidence-based, professionally-facilitated program that increases self-efficacy, decreases pain perception, improves activities of daily living, and helps to manage other co-existing health conditions among participants 60 years of age and older. The 2009 Ribbon of Hope funding enabled CAP to expand and offer year-round services.

